

My Favorite Herbs Chart

Dressings

Cream – Tarragon
French – Tarragon
Russian – Tarragon
Salad – Basil, Dill, Marjoram, Tarragon
Sour Cream – Chive, Dill

Eggs

Basil, Chives, Marjoram, Oregano, Thyme
Tarragon, Turmeric

Fish

Baked – Basil, Cloves, Sage, Tarragon, Thyme
Boiled – Bay, Fennel, Turmeric
Broiled – Basil, Marjoram, Oregano
Lobster – Tarragon
Shrimp – Basil

Fruit

Cinnamon, Cloves, Mint, Rosemary

Meat

Beef – Basil, Rosemary, Savory
Ham – Cloves, Mustard, Tarragon
Hamburger/Meatballs – Basil
Lamb – Garlic, Mint, Oregano, Rosemary
Liver – Basil
Pork – Cayenne, Chili, Cinnamon, Cloves, Rosemary
Sage, Thyme
Pot Roast – Bay, Thyme
Sausage – Marjoram, Sage, Savory
Stew – Basil, Cinnamon, Marjoram, Oregano, Thyme
Veal – Basil, Curry, Oregano, Rosemary, Sage, Thyme

Poultry

Chicken – Marjoram, Sage, Tarragon
Fricassee – Basil, Cinnamon, Rosemary, Thyme

Potatoes, Pasta, Rice

Potatoes – Basil, Caraway, Chives, Marjoram, Savory
Pasta – Basil, Oregano
Rice – Fennel, Saffron, Turmeric
Sauces - Sage

Salads

Chicken – Chive, Oregano, Tarragon
Egg – Marjoram, Tarragon
Fish – Chive, Marjoram, Oregano, Tarragon
Green – Basil, Chive, Marjoram, Mint, Thyme, Tarragon
Vegetable - Oregano

Sauces

General – Parsley
Butter – Basil, Chives, Marjoram, Tarragon
Cheese – Chives
Tomato – Basil, Oregano, Sage, Thyme
White – Basil, Curry, Marjoram, Tarragon, Fennel, Annis

Soups

Chicken – Bay, Marjoram, Sage, Thyme
Clear – Basil
Cream – Chive, Rosemary, Sage, Tarragon
Fish – Saffron, Tarragon
Lentil & Pea – Basil, Oregano, Rosemary, Savory, Thyme
Mushroom – Tarragon
Potato – Chives, Curry
Tomato – Basil, Sage
Vegetable – Basil, Bay, Marjoram

Vegetables

General – Basil, Parsley
Beans – Basil, Cloves, Marjoram, Sage, Savory
Broccoli – Caraway, Oregano
Brussels Sprouts – Marjoram, Sage
Cabbage – Caraway, Mint, Tarragon
Carrots – Basil, Bay, Marjoram, Mint, Oregano, Thyme
Cauliflower – Marjoram, Nutmeg
Lima Beans – Sage, Savory
Mushrooms – Marjoram, Oregano, Tarragon, Thyme
Onion – Basil, Oregano, Thyme
Peas – Basil, Marjoram, Mint, Oregano, Sage, Tarragon, Thyme
Spinach – Marjoram, Nutmeg, Rosemary
Squash – Cinnamon, Cloves, Thyme
Tomatoes – Basil, Bay, Clove, Marjoram, Nutmeg, Oregano