

Mesquite Grilled Shrimp

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Prep Time: 5 mins

Cooking Time: 20 mins

Ingredients

7oz. large shrimp

3/4 cup sliced zucchini

3/4 cup summer squash

1 tablespoon mesquite seasoning

1 tablespoon olive oil

oregano (if desired)

Method

Place foil on grill. Spread zucchini and squash on grill and sprinkle with oregano. Brush shrimp with 1 tablespoon olive oil and sprinkle with mesquite seasoning. Grill turning once.

Nutrition Info.

Cal 360 | Fat 18g | Chol 300mg | Carb 7g | Pro 42g

This recipe makes 1 serving.