

Chocolate Covered Banana Pudding

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Ingredients

1 packet Medifast Banana pudding
1 packet Medifast Chocolate pudding
1 cup cold water

Method

Empty pudding into a bowl. Add water and syrup, and whisk until pudding consistency. Leave in refrigerator for 15 minutes or until desired consistency.

Nutritional Info.

Cal 110 | Fat 1g | Chol 0mg | Carb 15g | Pro 14g

This recipe makes 2 servings.