

Caramel Coconut Latte

Author: Medifast

Ingredients

1 packet Medifast Cappuccino
1 tablespoon sugar-free Caramel syrup
1 tablespoon sugar-free Coconut syrup
1 cup room temperature water

Method

Pour ingredients into a microwavable container. Stir well.
Microwave for 1-2 minutes or until desired temperature.

Nutrition Info.

Cal 100 | Fat 0.5g | Chol 10mg | Carb 13g | Pro 14g